

Hello!

Thank you for choosing American Metabolic Laboratories. We are delighted that you have entrusted us with such an important matter as your health.

At American Metabolic Laboratories we strive every day to earn and keep your trust through on-time, error-free test results for our clients. Plus, our second to none customer service is the business model that has kept us operating for 25 years and counting and keeps our clients (doctors and patients) returning.

Your Cancer Profile® (CA Profile®) test kit includes:

- (1) Gel SST tube (Serum Separator Tube)
- (1) small, 3 mL red-cap tube to transfer serum from SST
- (1) small, 2 mL yellow-cap tube for the urine
- (1) pipet to transfer urine from collection cup to tube
- Absorbent blue tissue for spillage protection
- Instructions (this form)
- Rx-Request for Phlebotomy
- HIPAA
- Terms & Conditions
- Credit card payment receipt (if applicable)
- Postage-paid, self-addressed return envelope to ship your specimens (if applicable)

Please read these instructions upon receipt.

- 1) If undergoing chemo or radiation therapy, please wait 2 weeks after stopping treatment for testing.
- 2) Locate a blood drawing facility in your area (a local laboratory, walk-in or urgent care clinic, a hospital's phlebotomy department, www.anylabtestnow.com).
- 3) The testing process starts on Wednesday and results are reported on Friday. We need to receive your specimen(s) **by the end of the day Tuesday** for completion of tests during the same week. If your specimen(s) arrives after the deadline, results will not be completed until the following week.
- 4) **48 hours before your blood draw ABSTAIN FROM:** all therapeutic enzymes, supplements, hyperbaric oxygen therapy, intravenous vitamin C, ozone treatment, deep tissue body work, hydrogen peroxide treatment, rigorous physical activity, and sexual activity.
- 5) A 12 hour fast **must be observed** from all food and drinks. If you must drink, only 8 oz of water please.
- 6) If you are supplementing with hormones, (e.g. **DHEA**) and/or taking thyroid hormone, please take your regular dosage 3 to 4 hours prior to having your blood drawn.
- 7) **FIRST MORNING Urine Collection:** Discard a stream of your urine before collecting into a clean container (the container does not need to be sterile). Fill the yellow cap tube about $\frac{3}{4}$ of the way, do not fill all the way to the top. Cap securely; write your name, date and time of collection on the tube. Bring with you to the drawing facility to be shipped with the rest of the specimen(s).
- 8) **TAKE EVERYTHING THAT CAME WITH YOUR KIT TO THE DRAWING FACILITY,** (except your credit card receipt). The Rx-Request for Phlebotomy form should be shown to the phlebotomist, so she/he knows what tubes to draw and how to process the blood.
- 9) Prior to mailing your specimen(s), please fill out and sign all the paperwork and enclose it in your package. It is very important for us to receive ALL of the forms back so that we know that it is your blood and your information. Place tubes into the packaging provided and inside the postage-paid, self-addressed mailing envelope, along with all the signed forms. If you are arranging your own specimen shipping, **shipping charges will be your responsibility. Any specimen(s) received "Bill Receiver" will not be accepted.**

Please note that our tubes have preservative that keeps specimen stable while in transit. Specimens do not need to be packed with ice, nor shipped overnight. If your shipping label is priority service, you will need to schedule your blood draw no later than Friday, so that we can receive it by Tuesday of the following week and on time for the week's run.